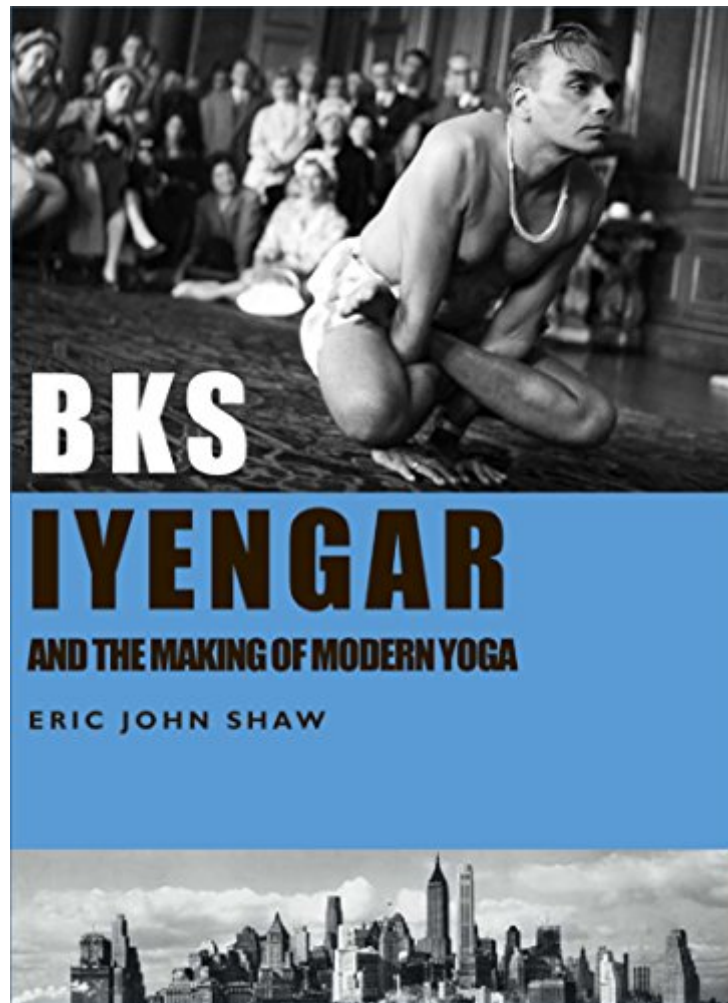




Ebook Directory
the best source of ebook

The book was found

BKS Iyengar And The Making Of Modern Yoga



Synopsis

Modern Yoga is startling conglomeration of high and low-brow styles, and their roots in history are constantly contested, but what is rarely debated is that one man did the most to create yoga's vast popularity – the Indian-born international teacher and author, B. K. S. Iyengar. Iyengar was born in a small town in India and trained by a fierce guru who psychologically scared him even as he prepared him to become a revolutionary teacher. This ebook explains that upbringing and its consequences and thoroughly picks apart the style and content of "Iyengar Yoga" tying it back to the unique traumas and strategic choicemaking of its maker. This is a surprising and often painful story that provides keys to a man who is often misunderstood and shows how Iyengar got us all to fall passionately in love with the poses of Modern Yoga.

Book Information

File Size: 2304 KB

Print Length: 66 pages

Publication Date: February 12, 2017

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B06X18QLZK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #790,388 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #68

in Kindle Store > Kindle eBooks > History > Religion > Hinduism #115 in Books > Religion & Spirituality > Hinduism > History #224 in Books > History > World > Religious > Hinduism

[Download to continue reading...](#)

BKS Iyengar and the Making of Modern Yoga Soap Making: 365 Days of Soap Making: 365 Soap Making Recipes for 365 Days (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, ... Making, Soap Making Supplies, Crafting) Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap

Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days Yoga: 100 Key Yoga Poses and Postures Picture Book for Beginners and Advanced Yoga Practitioners: The Ultimate Guide For Total Mind and Body Fitness (Yoga ... Books) (Meditation and Yoga by Sam Siv 3) Yoga: The Iyengar Way: The New Definitive Illustrated Guide B.K.S. Iyengar Yoga: The Path to Holistic Health Yoga: The Yoga Beginner's Bible: Top 63 Illustrated Poses for Weight Loss, Stress Relief and Inner Peace (yoga for beginners, yoga books, meditation, mindfulness, ... self help, fitness books Book 1) Yoga: 21 Essential Yoga Poses to Strengthen Your Body and Calm Your Mind (FREE Meditation Bonus!): (Meditation,Yoga Poses, Relaxation, Stress Relief,Yoga for beginners) The Ultimate Soap Making Guide: Unique Soap Making Recipes & Complete Soap Making Guide for Beginners (Soap Making at Home, Soapmaking Guide, Soap Making Recipes, Soap Making Book) Yoga: The Top 100 Best Yoga Poses: Relieve Stress, Increase Flexibility, and Gain Strength (Yoga Postures Poses Exercises Techniques and Guide For Healing Stretching Strengthening and Stress Relief) Yoga Mama, Yoga Baby: Ayurveda and Yoga for a Healthy Pregnancy and Birth Yoga: A Man's Guide: The 30 Most Powerful Yoga Poses to Sharpen Your Mind and Strengthen Your Body (Just 10 Minutes a Day!, Yoga Mastery Series) Easy YOGA GUIDE for beginners: Simple 46 Hatha Yoga Poses for Body and Mind (Yoga for Beginners Book 1) How to Sneak More Yoga Into Your Life: A Doable Yoga Plan for Busy People (Yoga for Busy People) Yoga con cuentos: Como enseñar yoga a los niños mediante el uso de cuentos (Cuentos Para Aprender Yoga) (Spanish Edition) Ultimate Hip Opening Yoga Guide: Exercises for Tight Hips & Hip Pain: 4-Week Yoga Guide w/ Videos (Beginner Yoga Guides Book 1) Shadow Yoga, Chaya Yoga: The Principles of Hatha Yoga Glimpses of Raja Yoga: An Introduction to Patanjali's Yoga Sutras (Yoga Wisdom Classics) Yoga Sastra: The Yoga Sutras of Patanjali Examined; With a Notice of Swami Vivekananda's Yoga Philosophy (Classic Reprint) Images: Books I and II for Solo Piano (Dover Music for Piano) (Bks. 1 and 2)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)